

Név	Év	Nem	Táv	Lakhely	Futóidő	Rajt	4.2 km	6 km	10.2 km	12 km	Seb1	Seb2	Seb3	Seb4	SEB
Hámor Endre	1986	f	r	Budapest	0:24:19	10:41:04	10:57:50	11:05:23			04:00	04:12			04:03
Tuska György	1975	f	r	Budapest	0:24:27	11:48:02	12:05:06	12:12:29			04:04	04:06			04:04
Simák Gergő	1980	f	r	Budapest	0:24:28	10:00:34	10:17:31	10:25:02			04:02	04:11			04:05
Tonhauser László	1994	f	r	Budapest	0:24:46	11:48:02	12:05:14	12:12:48			04:06	04:12			04:08
Papp Ildikó	1982	n	r	Vizslás	0:25:10	11:33:52	11:51:07	11:59:02			04:06	04:24			04:12
Somogyi Károly	1964	f	r	Budapest	0:25:22	9:37:13	9:54:36	10:02:35			04:08	04:26			04:14
Lázár Győző	1971	f	r	Szigetújfalu	0:25:47	10:01:49	10:19:32	10:27:36			04:13	04:29			04:18
Zeller Zsolt	1965	f	r	Szigetszentmiklós	0:25:58	11:39:26	11:57:26	12:05:24			04:17	04:26			04:20
Pusztai Dominik	2003	f	r	Budapest	0:26:42	9:48:52	10:06:00	10:15:34			04:05	05:19			04:27
Telek András	1960	f	r	Salgótarján	0:27:15	11:14:56	11:33:33	11:42:11			04:26	04:48			04:33
Szesztai-Szép Eszter	1978	n	r	Budapest	0:27:16	11:14:56	11:33:33	11:42:12			04:26	04:48			04:33
Hármasi Petra Margit	2006	n	r	Kistarcsa	0:27:25	10:57:27	11:16:49	11:24:52			04:37	04:28			04:34
Huszár László	1959	f	r	Vizslás	0:27:32	11:32:54	11:51:40	12:00:26			04:28	04:52			04:35
Nagy Gábor	1971	f	r	Visznek	0:27:41	11:14:19	11:33:30	11:42:00			04:34	04:43			04:37
Ács László	1960	f	r	Szolnok	0:28:02	11:30:25	11:49:51	11:58:27			04:38	04:47			04:40
Cseke Bulcsú Levente	2005	f	r	Biatorbágy	0:28:04	10:57:14	11:15:42	11:25:18			04:24	05:20			04:41
Cseke Kincső Lelle	2007	n	r	Biatorbágy	0:28:23	10:57:17	11:16:31	11:25:40			04:35	05:05			04:44
Földvári Zoty	1965	f	r	Mende	0:28:36	9:07:36	9:27:21	9:36:12			04:42	04:55			04:46
Müller László	1956	f	r	Gödöllő	0:28:36	10:48:43	11:08:43	11:17:19			04:46	04:47			04:46
dr. Bognár Csaba	1980	f	r	Budapest	0:28:37	10:31:38	10:51:37	11:00:15			04:45	04:48			04:46
Páczai Csaba	1975	f	r	Budapest	0:29:17	11:41:54	12:02:11	12:11:11			04:50	05:00			04:53
Jancskár Ildikó	1964	n	r	Kosd	0:30:03	10:57:08	11:17:46	11:27:11			04:55	05:14			05:01
Lakatos Tibor	1966	f	r	Albertirsa	0:30:39	11:29:25	11:50:32	12:00:04			05:02	05:18			05:06
Fenyő Zsolt	1977	f	r	Karancsalja	0:31:10	11:32:04	11:53:27	12:03:14			05:05	05:26			05:12
Varga Gábor	1959	f	r	Budapest	0:32:05	10:08:50	10:31:11	10:40:55			05:19	05:24			05:21
Tamás Anna	2009	n	r	Budapest	0:32:16	9:34:33	9:57:22	10:06:49			05:26	05:15			05:23
Lázár Zsanna	2011	n	r	Szigetújfalu	0:32:26	10:50:29	11:12:43	11:22:55			05:18	05:40			05:24
Tompai Ildikó	1981	n	r	Budapest	0:32:57	10:40:38	11:03:24	11:13:35			05:25	05:39			05:30
Pancsovai Gergely	1970	f	r	Szécsény	0:33:20	10:50:31	11:13:28	11:23:51			05:28	05:46			05:33
Vajda Andrea	1974	n	r	Szécsény	0:33:21	10:50:28	11:13:29	11:23:49			05:29	05:44			05:34
Lázár Míra	2006	n	r	Szigetújfalu	0:33:24	10:50:32	11:13:34	11:23:56			05:29	05:46			05:34
Haller Brigitta	1980	n	r	Budapest	0:33:24	9:41:58	10:05:35	10:15:22			05:37	05:26			05:34
Pusztai Dániel	2007	f	r	Budapest	0:33:27	9:41:56	10:05:37	10:15:23			05:38	05:26			05:35
Nagy Károly	1965	f	r	Budapest	0:34:37	10:43:44	11:07:30	11:18:21			05:40	06:02			05:46
Varga Áron	1990	f	r	Budapest	0:35:08	10:08:50	10:33:08	10:43:58			05:47	06:01			05:51
Nyika Szilvia	1984	n	r	Budapest	0:36:01	11:45:21	12:09:56	12:21:22			05:51	06:21			06:00

Lóczy Mária	1965	n	r	Budapest	0:36:06	10:12:46	10:37:53	10:48:52			05:59	06:06			06:01
Kiefer Antal	1958	f	r	Érd	0:36:07	10:05:57	10:30:45	10:42:04			05:54	06:17			06:01
Bánki Albert	1970	f	r	Dunakeszi	0:37:41	9:57:11	10:23:21	10:34:52			06:14	06:24			06:17
Rózsaszín Sapkacsik	1972	f	r	Dunakeszi	0:37:44	9:57:10	10:23:23	10:34:54			06:15	06:24			06:17
Sárga Fekete	1972	f	r	Dunakeszi	0:37:47	9:57:08	10:23:23	10:34:55			06:15	06:24			06:18
Rati Orsolya	1977	n	r	Budapest	0:37:58	11:32:23	11:58:27	12:10:21			06:12	06:37			06:20
Jusztin Ferenc	1945	f	r	Szécsény	0:38:18	9:30:11	9:56:32	10:08:29			06:16	06:38			06:23
Lakatos Tibor	2002	f	r	Albertirsa	0:38:34	11:29:25	11:56:22	12:07:59			06:25	06:27			06:26
Lakatos Tiborné	1972	n	r	Albertirsa	0:38:48	11:29:25	11:56:31	12:08:13			06:27	06:30			06:28
Orosz Katalin	1959	n	r	Budapest	0:39:53	10:43:59	11:11:49	11:23:52			06:38	06:42			06:39
Gavallér József	1967	f	r	Budapest	0:40:08	10:06:00	10:33:26	10:46:08			06:32	07:03			06:41
Szekeres Ferenc	1947	f	r	Budapest	0:42:00	10:11:04	10:40:31	10:53:04			07:01	06:58			07:00
Kladiva-Farkas Emil	2008	f	r	Budapest	0:42:43	9:17:09	9:47:10	9:59:52			07:09	07:03			07:07
Farkas Krisztián	1976	f	r	Budapest	0:42:48	9:17:25	9:47:15	10:00:13			07:06	07:12			07:08
Kladiva-Farkas Otmár	2011	f	r	Budapest	0:42:56	9:17:21	9:47:17	10:00:17			07:08	07:13			07:09
Kapitány László	1946	f	r	Veresegyház	0:43:32	10:27:32	10:57:21	11:11:04			07:06	07:37			07:15
Richter Ferenc	1938	f	r	Budapest	0:44:01	10:32:59	11:04:07	11:17:00			07:25	07:09			07:20
Asztalos Katalin	2004	n	r	Budapest	0:45:35	10:41:38	11:12:56	11:27:13			07:27	07:56			07:36
Forgácsné Boros Erzsébet	1947	n	r	Budapest	0:46:07	9:41:32	10:13:09	10:27:39			07:32	08:03			07:41
Schmidt Andrea	1973	n	r	Budapest	0:46:27	9:46:42	10:18:27	10:33:09			07:34	08:10			07:44
Jung János	1981	f	r	Budapest	0:46:39	11:45:23	12:17:56	12:32:02			07:45	07:50			07:46
Józsa Katalin	1966	n	r	Kiskunlacháza	0:47:03	9:33:12	10:05:53	10:20:15			07:47	07:59			07:50
Hargitai Ernő	1952	f	r	Isaszeg	0:48:55	9:38:02	10:11:05	10:26:57			07:52	08:49			08:09
Márton Sándor	1958	f	r	Budapest	0:49:51	9:25:10	9:59:44	10:15:01			08:14	08:29			08:18
Beró Ádám	2014	f	r	Jászarokszállás	0:52:32	10:04:08	10:40:11	10:56:40			08:35	09:09			08:45
André Ágnes	1944	n	r	Budapest	1:02:00	11:11:05	11:53:44	12:13:05			10:09	10:45			10:20
Rózsavölgyi József	1944	f	r	Pusztazámor	1:02:28	9:22:27	10:05:25	10:24:55			10:14	10:50			10:25
Soós Jenő	1941	f	r	Érd	1:09:06	9:22:29	10:09:38	10:31:35			11:14	12:12			11:31
Kenyér Imre	1933	f	r	Budapest	1:17:37	9:22:35	10:14:50	10:40:12			12:26	14:06			12:56
Vásárhelyi Máté	2003	f	h	Budapest	0:43:43	9:48:53	10:03:56	10:10:42	10:25:58	10:32:36	03:35	03:46	03:38	03:41	03:39
Tompai Jonatán	1992	f	h	Solymár	0:43:53	10:40:28	10:55:24	11:02:05	11:17:34	11:24:21	03:33	03:43	03:41	03:46	03:39
Lázár Noel	2008	f	h	Szigetújfalu	0:48:20	10:01:42	10:17:49	10:25:09	10:42:21	10:50:02	03:50	04:04	04:06	04:16	04:02
Mátyus F. Csaba	1971	f	h	Budapest	0:48:44	10:00:53	10:17:31	10:24:59	10:42:15	10:49:37	03:58	04:09	04:07	04:06	04:04
Merényi Tímea	1971	n	h	Taksony	0:48:59	10:00:27	10:17:30	10:24:56	10:42:02	10:49:26	04:04	04:08	04:04	04:07	04:05
Beda Szabolcs	1977	f	h	Budapest	0:49:13	10:00:33	10:17:41	10:25:17	10:42:16	10:49:46	04:05	04:13	04:03	04:10	04:06
Karámos András	1989	f	h	Göd	0:50:19	10:00:32	10:17:30	10:24:58	10:42:54	10:50:51	04:02	04:09	04:16	04:25	04:12
Scheibert Gábor	1977	f	h	Vác	0:51:22	10:59:09	11:15:34	11:25:29	11:42:28	11:50:31	03:55	05:31	04:03	04:28	04:17

Szoboszlai Tamás	1993	f	h	Budapest	0:51:24	10:38:12	10:55:26	11:03:32	11:21:40	11:29:36	04:06	04:30	04:19	04:24	04:17
Bartus Ferenc	1975	f	h	Szécsény	0:52:01	10:41:09	10:58:50	11:07:12	11:25:23	11:33:10	04:13	04:39	04:20	04:19	04:20
Mészáros Imre	1971	f	h	Budapest	0:52:39	10:01:00	10:18:59	10:27:08	10:45:34	10:53:39	04:17	04:32	04:23	04:29	04:23
Kassai Károly	1968	f	h	Budapest	0:54:22	10:00:01	10:18:32	10:27:08	10:45:55	10:54:23	04:25	04:47	04:28	04:42	04:32
Törő Lajos	1968	f	h	Gödöllő	0:55:04	9:54:08	10:13:17	10:21:42	10:40:59	10:49:12	04:34	04:41	04:35	04:34	04:35
Pártos Péter	1966	f	h	Budapest	0:55:22	10:32:33	10:50:49	10:59:23	11:19:13	11:27:55	04:21	04:46	04:43	04:50	04:37
Tamás Csaba Gergely	1979	f	h	Budapest	0:56:22	9:34:44	9:53:48	10:02:26	10:22:34	10:31:06	04:32	04:48	04:48	04:44	04:42
Király László	1968	f	h	Abony	0:57:37	9:44:30	10:03:39	10:12:38	10:33:15	10:42:07	04:34	04:59	04:55	04:56	04:48
Tóth György	1969	f	h	Göd	0:58:48	10:15:56	10:36:13	10:45:16	11:05:52	11:14:44	04:50	05:02	04:54	04:56	04:54
Vámos Sándor János	1955	f	h	Budapest	1:00:21	10:21:48	10:41:22	10:50:35	11:12:32	11:22:09	04:40	05:07	05:14	05:21	05:02
Kézdi Péter	1957	f	h	Budapest	1:00:22	10:21:48	10:41:12	10:50:04	11:11:20	11:22:10	04:37	04:56	05:04	06:01	05:02
Lohn Miklós	1956	f	h	Budapest	1:01:11	9:59:32	10:20:28	10:30:00	10:51:42	11:00:43	04:59	05:18	05:10	05:01	05:06
Sztancsik Brigitta	1987	n	h	Biatorbágy	1:01:16	9:41:51	10:03:00	10:12:22	10:33:38	10:43:07	05:02	05:12	05:04	05:16	05:06
Kladiva Andrea	1978	n	h	Budapest	1:01:43	9:17:34	9:38:41	9:48:12	10:09:36	10:19:17	05:02	05:17	05:06	05:23	05:09
Farkas Gyula	1981	f	h	Budapest	1:04:50	10:38:10	11:00:40	11:10:44	11:33:00	11:43:00	05:21	05:36	05:18	05:33	05:24
Laza László	1954	f	h	Budapest	1:04:51	10:38:08	11:00:40	11:10:44	11:33:00	11:42:59	05:22	05:36	05:18	05:33	05:24
Vigh Ferenc	1967	f	h	Dunakeszi	1:06:35	9:54:36	10:17:54	10:28:08	10:51:22	11:01:11	05:33	05:41	05:32	05:27	05:33
Cseke Gergely	1973	f	h	Biatorbágy	1:08:18	10:51:58	11:16:25	11:27:45	11:50:22	12:00:16	05:49	06:18	05:23	05:30	05:41
Schweigert Árpádné	1960	n	h	Budapest	1:08:24	9:57:23	10:21:03	10:31:29	10:55:27	11:05:47	05:38	05:48	05:42	05:44	05:42
Jeney Anna	1994	n	h	Budapest	1:12:11	10:28:23	10:51:51	11:02:58	11:29:02	11:40:34	05:35	06:11	06:12	06:24	06:01
Cseke-Nagy Bernadett	1975	n	h	Biatorbágy	1:12:14	10:52:00	11:16:24	11:27:45	11:53:17	12:04:14	05:49	06:18	06:05	06:05	06:01
Asztalos József	1959	f	h	Csömör	1:14:42	10:41:37	11:06:24	11:18:07	11:44:41	11:56:19	05:54	06:31	06:20	06:28	06:14
Garamszegi István	1962	f	h	Budapest	1:15:59	10:51:39	11:16:45	11:28:13	11:55:24	12:07:38	05:59	06:22	06:28	06:48	06:20
Lázár Miklós	1954	f	h	Budapest	1:16:22	9:41:49	10:08:17	10:20:07	10:46:14	10:58:11	06:18	06:34	06:13	06:38	06:22
Kelő Sára	1938	n	h	Budapest	1:16:32	10:31:52	10:57:11	11:09:05	11:36:17	11:48:24	06:02	06:37	06:29	06:44	06:23
Nemcsics Ákos	1958	f	h	Budapest	1:17:51	10:46:20	11:12:11	11:23:48	11:51:28	12:04:11	06:09	06:27	06:35	07:04	06:29
Kovács Eszter	1978	n	h	Göd	1:18:02	10:35:18	11:03:29	11:15:24	11:41:41	11:53:20	06:43	06:37	06:15	06:28	06:30
Virányi Ildikó	1968	n	h	Budapest	1:19:15	10:51:42	11:18:07	11:30:09	11:58:26	12:10:57	06:17	06:41	06:44	06:57	06:36
Berezvai Ferenc	1963	f	h	Budapest	1:21:05	10:16:38	10:43:51	10:56:05	11:24:31	11:37:43	06:29	06:48	06:46	07:20	06:45
Hidasi Ágnes	1959	n	h	Budapest	1:24:10	10:41:38	11:09:46	11:22:50	11:52:32	12:05:48	06:42	07:16	07:04	07:22	07:01
Forgács Gyula	1950	f	h	Budapest	1:24:31	9:41:37	10:10:44	10:23:24	10:52:51	11:06:08	06:56	07:02	07:01	07:23	07:03
Szeifertné Tóth Erika	1954	n	h	Százhalombatta	1:26:18	11:14:13	11:44:04	11:57:53	12:27:32	12:40:31	07:06	07:41	07:04	07:13	07:11
Varga Péter	1976	f	h	Göd	1:28:25	10:35:15	11:05:34	11:18:48	11:50:01	12:03:40	07:13	07:21	07:26	07:35	07:22
Vlasics János	1943	f	h	Budapest	1:43:59	10:05:51	10:40:04	10:55:38	11:33:00	11:49:50	08:09	08:39	08:54	09:21	08:40
Fröhlich Henrik	1944	f	h	Budapest	2:01:39	9:34:57	10:16:26	10:37:48	11:18:39	11:36:36	09:53	11:52	09:44	09:58	10:08