



OFFICIAL RULES

A.S.D. Milano City Marathon Club, affiliated to the Federazione Italiana Atletica Leggera (FIDAL), with the approval of the Committee of the Region of Lombardia and IAAF, organizes the twelfth edition of the Milano City Marathon, international road race (length 42,195km). It is also possible for everybody to participate in the marathon relay with 4 participants per team.

The race will take place on April 15th, 2012 in Milan, under any type of weather conditions.

PARTICIPATION REQUIREMENTS

In accordance with the rules of the organization of the sports events issued by FIDAL (art. Nr 11), the entry to the race is open to all participants matching one of the following categories:

- a) **Italian and foreign athletes with FIDAL Membership card** (categories: Promesse 20/22; Seniors 23+; Masters 35+, Amatori 23/34, males and females) **and non Italian athletes with a Membership card of a foreign Sports Federation affiliated with IAAF** presenting the authorisation from their own federation to participate in races in Italy, and, if requested, the entrance visa to Italy.

During the registration process these athletes have to provide A.S.D. Milano City Marathon Club with a copy of the membership card or have to present it at the bib number collection, otherwise athlete won't be allowed to participate. Athletes coming from outside the European Union have to show their residence permit too.

- b) **Italian athletes with disabilities with CIP membership card and non Italian athletes with a Membership card of a foreign Sports Federation affiliated with IPC.**

During the registration process these athletes have to provide A.S.D. Milano City Marathon Club with a copy of the membership card or have to present it at the bib number collection, otherwise athlete won't be allowed to participate.

Personal attendants are not allowed: dedicated staff will be provided by the organization.

- c) **Italian athletes older than 35 with a Membership card of a Sport Promotion Authority affiliated with FIDAL.**

During the registration process these athletes have to provide A.S.D. Milano City Marathon Club with a copy of their membership card and a copy of a medical license (testifying that the athlete's physical condition are such as to allow performance at competitive levels) issued and signed by a sports physician and still valid on April 15th, 2012. In case these documents are not provided during the registration process they can be handed at the bib number collection, otherwise athlete won't be allowed to participate.

- d) **Athletes with no membership card.** *Italian athletes and foreign athletes can participate in the categories Amatori, Master (older than 20 years of age) if provided with a valid medical certificate, certifying the athlete's physical condition are such as to allow performance at competitive levels (a copy of the certificate has to be provided), and the extra fee of 7 Euros to issue the "cartellino di autorizzazione alla partecipazione alle gare su strada" which will be filled out by A.S.D. Milano City Marathon Club and given to the athlete at the bib number collection. The cost of the "cartellino" includes 3 Euros for the FIDAL Regional Committee and the amount of 4 Euros for the FIDAL obliged insurance.*

Notes:

- 1) Medical certificated certifying the athlete's physical condition for other sports are not valid.
- 2) Athletes with a membership card of other federations or Sport Promoztion Authority recognized by CONI but not affiliated with FIDAL can participate under the regulations provided by the "Tesseramento giornaliero" – athletes with no membership cards.
- 3) Medical certificates that do not specifically certify the aptitude for Athletics will not be accepted.
- 4) The original of the medical certificate of agonistic aptitude for Athletics will have to be shown at the bib number pick up and a copy will have to be handed it to the organization.

REGISTRATION PERIOD

Registrations are open from June 1st, 2011 and will be closed on April 4th, 2012.

ADMISSION FEES

Classic Marathon (for participants resident in Italy and/or Italian citizens)

20 € (20 € if on-line)	for those who ended all the previous editions of the Milano City Marathon
39 € (35 € if on-line)	deadline December 31 st , 2011
49 € (45 € if on-line)	from January 1 st to February 12 th , 2012
59 € (55 € if on-line)	from February 13 th to March 12 th , 2012
89 € (85 € if on-line)	deadline April 4 th , 2012

Classic Marathon (for foreign participants NOT resident in Italy)

30 € (30 € if on-line)	for those who ended all the previous editions of the Milano City Marathon
49 € (45 € if on-line)	deadline December 31 st , 2011
59 € (55 € if on-line)	from January 1 st to February 12 th , 2012
69 € (65 € if on-line)	from February 13 th to March 12 th , 2012
99 € (95 € if on-line)	deadline April 4 th , 2012

Marathon Relay

The relay marathon will be a NON COMPETITIVE race, timed and open to all, club members or not.

Each team will be formed of 4 people.

Registrations will be accepted just in groups, also formed by both male and female people.

140 € (120 € if on-line)	until February 12 th , 2012
150 € (140 € if on-line)	from February 13 th to March 12 th , 2012
200 € (180 € if on-line)	from March 12 th to April 4 th , 2012

It is compulsory to show, for each team member, a copy of the medical certificate proving the runner is in good health conditions. It is possible to change one or more team members communicating the changes no later than April 4th, 2012 and paying an additional fee of extra 10 euros for each change.

HOW TO REGISTER

On-line registration: following the information on the web site www.milanocitymarathon.it, clicking on "registration" to make the payment of the fee with your credit card. Once taken the race number, the organization will also ask to show the certificate of sportive suitability or the FIDAL card valid on April 15th, 2012.

By fax: send the registration form filled in (available on the website www.milanocitymarathon.it), copy of the payment and health certificate to the fax number +39 041 5086459 (payment as below)

By mail: send the registration form filled in (available on the website www.milanocitymarathon.it), copy of the payment and health certificate to the address

TDS srl
Via delle Macchine 14
30038 Spinea (Venice)
ITALY

Payment:

- Postal Current Account n.43307909 addressed to ASD Milano City Marathon Club, c/o RCS SPORT – Via Solferino 28 – 20121 Milan.
- Bank transfer on account n. 18117974 of Banca Intesa Spa – Agenzia 1 – filiale (subsidiary) 2101 – IBAN: 16V0306909441000018117974 – SWIFT/BIC: BCITIT33101 addressed to ASD Milano City Marathon Club.

Registrations forms not accompanied by the entry fee, the applicant's complete address and personal data, and copy of the membership card or of the medical license will not be accepted.

ENTRY FEE INCLUDES:

- race number;
- insurance and medical support;
- race kit with sponsor gadgets;
- official shirt of Milano City Marathon;
- refreshment points and sponging stations along the circuit;
- refreshment points before and after the race;
- official schedule and informative material;
- timing service and timing chip renting;
- medals (for who finishes the marathon);
- personal clothes deposit (apposite bag);
- shower and dressing room service at Civic Arena;
- dropped-out athletes transport service.

REGISTRATION CONFIRMATION

You can directly verify your registration on the website www.milanocitymarathon.it.

ASD Milano City Marathon will send to all the registered athletes a confirmation letter via e-mail where every participant will find his/her assigned race number and this constitutes the only valid document useful for taking the race number in the Marathon Village. We suggest you to write your e-mail address in a clear and legible way.

Athletes who won't be able to print the confirmation letter will get it at the dedicated office close to the race number collection area.

REFUND OF THE ENTRY FEE

Under no circumstances are the entry fees refundable. However, the registered athletes who cannot take part to the marathon have two options:

1) Transfer of registration to another person. It is possible to transfer the registration to another person by formal request to be made by April 4th, 2012 and by payment of an extra 10 Euro fee for office expenses. The substituting participant must provide all information necessary for the application.

2) Transfer of registration to Milano City Marathon 2013. In case the athlete communicates his/her absence before April 6th, 2012, he/she will have the possibility to use the fee for the following 2013 marathon, by paying an additional fee of 15 euros, without possibility to demand a further transfer of registration to successive year or the transfer to another person.

REGISTRATION DEADLINE

Registrations will be closed on April 4th, 2012. Registration after this deadline will not be accepted. On registration sent via post the postmark will be considered.

ASD Milano City Marathon Club retains the right to close registration prior to said deadline as well to accept entries after the deadline.

NUMBERS ASSIGNMENTS

The race numbers are automatically assigned considering the best personal performance of the previous years, provided by FIDAL.

Sector	Personal record	Men's race numbers	Women's race numbers
	Athletes with disabilities	W1 – W50	
1	top runners	1- 100	F1 – F50
2	from 2h30'00" to 2h59'59"	301 – 1500	
3	from 3h00'00" to 3h29'59"	1801 - 3250	
4	from 3h30'00" to 3h59'59"	4001 - 5500	
5	from 4h00'00" forward	6501 - 8500	
6	from 3h00'00" to 3h29'59"		F101 – F201
7	from 3h30'00" to 3h59'59"		F271 – F450
8	from 4h00'00" forward		F551 - F999

The men's race numbers between 1 and 100 and the women's race numbers between F1 and F50 will be given by the organization to the top runners; men's and women's race numbers from W1 to W50 will be given by the organization to the Athletes with disabilities of CIP (Italian Paralympics Committee). 30 minutes before the start, the organization will divide the athletes into the specific sectors.

To facilitate the entry of the athletes into their specific sectors, the race numbers will have different colours in correspondence to the coded-colour area and the personal record.

The relay marathon participants will start after all the athletes of the individual marathon will be left.

RACE NUMBERS AND RACE KITS DISTRIBUTION

The race numbers is tightly personal, it cannot be changed, altered or modified and it cannot be given to anyone else. The race number and the race kit can be picked up on Thursday, April 12th from 12am to 8pm, on Friday, April 13th from 10am to 8pm and on Saturday, April 14th from 10am to 8pm in the Marathon Village. The race numbers and kits will be given only to those participants who will present the confirmation letter (completed and signed) and a valid identity card. Race kits and numbers can be taken also by third people, with written delegation, confirmation letter of the person who delegates and photocopy of a valid identity document. To facilitate the organization, it will not be possible for the participants to take race numbers and kits on the day of the marathon (April 15th).

Only with specific request it is possible to receive the race number by post (not the race kit that will be picked-up after the race) with the payment of 25 euros cash on delivery.

The race number with the chip (that cannot be altered in any case) has to be fixed with safety pins.

Together with the race number the participants will receive an adhesive label with apposite number that has to be placed in the apposite space of the personal bag for participants' personal clothes. **This bag, appropriately numbered, will constitute the only container accepted by the organization, and it will be taken, supervised and given back at the end of the race, in the apposite reserved room "bags deposit".** The organization strongly suggests you to not leave personal objects like cell phones and wallets inside the bag; the organization will not respond for eventual thefts.

THE START

The start of the 2012 Milano City Marathon is scheduled from Rho at 9:20 am (athletes with disabilities 9:15 am) with gathering in the start area at 7:45am. The access to the respective starting sectors will be allowed from 8:00am to 8:45am. Athletes in delay will be allowed to start at the bottom part of the runners group. Modifications in regard to the starting time will be possible for television requirements.

The relay marathon will start at least 50 minutes after the full marathon start.

TIMING

The official time keeper is Timing Data Service srl. The measurement of the timing and the elaboration of the ranking will be made by a system based on an active transponder (a chip), that will be attached on the back of the race number. It is forbidden to alter the race number, the chip and the support that blocks it to the bib number.

Those athletes that take the chip off or damage it will not be present in the ranking.

For each athlete it will be measured: the official time (from the shooting to the arrival), the net time (from crossing the start line to the finish line), intermediate times at 10 km, half marathon and 30 km. Through the exclusive Live Tracking System, friends and families of the participants will be able to verify participants' positions during the race visiting the website www.milanocitymarathon.it.

At the end of the race the organization staff will remove the chip. Athletes who will not finish the race or will not give their chip back, must send it to A.S.D. Milano City Marathon Club – Via San Marco, 21 – 20121 Milan Italy. If it will not be sent back, an additional quote of 25 euros will be charged to repay the loss of the chip.

Further info about the timing will be posted on our website www.milanocitymarathon.it during the weeks before the race.

TIME LIMITS

Maximum time for 21.097 km: 3h0'

Maximum time for 30 km: 3h40'

Maximum time for arrival: 6h00'

Beyond these time limits, the organization does not guarantee the total closing of the race course.

REFRESHMENTS AND SPONGING

As per the IAAF/FIDAL rulebook, there will be refreshments stations with fresh water after the finish line and every 5 kilometres along the course. Beginning on the 20 km, fruit, cookies and energy bars will also be available.

In the start bags, athletes will find 2 personal sponges which they will be able to carry on them during the race and soak using the tanks of running water located along the course every 5 kilometres, starting from the 7.5 km. Athletes can find additional sponges at the start line but none will be available at the sponging stations.

The choice of providing athletes with personal sponges is a feature of many great European marathons and is motivated by an effort to preserve the environment. A.S.D. Milano City Marathon Club apologizes for the inconvenience that this choice might cause, but it is firmly convinced that this is the only and the best solution to try and avoid the unpleasant sight of thousand of sponges thrown away along the course.

WITHDRAWAL FROM THE RACE

Those athletes who decide to quit the race at any point during the marathon can make use of the "sweep buses" dislocated along the course, which will bring the participant to the finish area.

MEDICAL ASSISTANCE

The organization committee will guarantee an appropriate medical assistance service along the course and in the start and the arrival areas.

PACERS

Various groups of pacers will be at the runners' disposal. These are athletes trained to run the marathon at a constant pace to complete the course within a specific time. Pacers will be offered to run the marathon in: 3h00', 3h15', 3h30', 3h45', 4h00', 4h15', 4h30', 4h45' and 5h00'. The pacers will be recognizable during the race by their vest and by coloured balloons.

ATHLETE'S RESPONSIBILITY

The registered participants is the owner of the bib number and is responsible for its custody, acquiring the rights to all the services above and below mentioned in this regulations.

- a. Whomever, without regular registration, participates without bib number, not only is liable for damage to things and people, including the participant, will incur in sport sanctions under the competences of the federal organs and can be prosecuted for criminal sanctions disposed for the crime of theft (art. 624 of the criminal law).
- b. Whomever, without regular registration, participates with a counterfeit bib number or not conforming with the assigned one, a part from being responsible as mentioned above, can be prosecuted for criminal sanctions disposed for the crime of theft (art. 624 of the Italian Criminal Law) or, in alternative, for the crime of fraud (art. 640 of the Italian Criminal Law).

In the cases a. and b. the participants can be prosecuted for criminal sanctions disposed for the crime of "inobservance of the measures of the authorities" (art. 650 of the Italian Criminal Law). The above mentioned circumstances will be acknowledged exclusively from verification through photographic and video documentation.

FINISH

After the arrival athletes will be divided into apposite channels to: deposit the chip, receive the medal and access to the final refreshment.

RESULTS AND RANKING

Partial and final results will be available live on www.milanocitymarathon.it. It will be also possible to download the official diploma of participation on the website of Milano City Marathon 2012.

CLAIMS

Any claims must be presented the latest 30 minutes from the exhibition of the ranking at first verbally with the Referees at the arrival, later in writing to the Appeal Referee, accompanied with a tax of 100 euro, which will be returned in case the claim will be approved. For everything that is not included in these regulations, FIDAL regulations will

apply. The Referees of the Race can disqualify the athletes that do not pass in the checkpoints placed along the course.

AWARDS

The first 8 men and women of the Overall Category and the first 5 Italian men and women of the Overall Category will be awarded a prize. Also awarded will be the first 3 athletes in the Male Senior/Master over 35 Category and the first 3 in the Female Senior/Master over 35. For further information consult the website www.milanocitymarathon.it

WAIVER OF LIABILITY

"I declare to know and respect the official Milano City Marathon 2012 policy, published on the website www.milanocitymarathon.it, according to the IAAF and FIDAL policy, and to be at least 18 years old on the day of the marathon; I declare to own a medical certificate of sportive suitability valid on the April 15th, 2012 and to present this certificate with the registration module in case I am not a FIDAL member or Sport Promotion Authority CONI member. I know that taking part to the Milano City Marathon 2012 and/or participating to other sport events is potentially a risky activity.

I also declare to register consciously and I assume all the risks concerning this decision-making: falls, contact with other participants or vehicles, difficult weather conditions, traffic and all the other risks are known and evaluated by me.

Acknowledging the above mentioned, considering that my registration has been accepted, I release and discharge the Milano City Marathon 2012 organization committee, A.S.D. Milano City Marathon Club, Consorzio Milano Marathon, the promotion organizations, Local Council of Milan, Provincial Council of Milan, Regional Council of Lombardia, the administration of the places where the marathon passes, the sponsors, from future complaining and from any kind of responsibility connected to my participation to the marathon.

Once the registration has been accepted, the entry fee is not refundable.

PERSONAL DATA TREATMENT

According to what disposed by the Art. 13 D.L.vo 30 June 2003, n.196:

a) Personal data collected in the registration module are requested by the module itself to prepare the lists of the participants, rankings, historical archive and to fulfil what requested by Milano City Marathon rules and to receive the informative material by Milano City Marathon and its partners.

b) The consequence of avoiding to send personal data, is missing the participation.

c) The rights of the interested individual relative to the treatment of personal data are disposed by Art. 7 D.L.vo n.196/03. Anytime the interested person can consult, modify or cancel for free his/her personal data writing to the responsible of the treatment of personal data (TDS srl, Via delle Macchine 14, 30038 Spinea (VE) Italy) delegated and authorized by Consorzio Milano Marathon.

IMAGE COPYRIGHT

With the registration to the Milano City Marathon 2012 the athlete authorizes the Organization Committee, with the media partners, the acquisition of the right to use his/her moving or still images that eventually portray her/him during the marathon on every support, included promotional materials and advertising, for the time provided by the regulation, considering also eventual time extensions that could occur.

I concede my authorization to all the organization involved in the planning of the marathon, included the ones previously cited, to use my images, photos, videos on the web site www.milanocitymarathon.it and anything relative to my participation to the event for any type of licit use without remuneration”.

FINAL PROVISIONS

The Organization Committee has the faculty to modify these regulations in every part whenever needed in order to guarantee a better organization of the race. For what not mentioned in the present regulation, is valid what mentioned by FIDAL and GGG’s technical policies.

All modifications to services, venues and timetables will be communicated to registered athletes via the confirmation letter, or will be posted on the website www.milanocitymarathon.it. Moreover, all information and instructions for race day will be handed out alongside the bib number.

Technical Sportive Organization:

A.S.D. Milano City Marathon Club

Head Office Via Solferino, 28 - 20121 Milano (MI)

Operative Office Via San Marco, 21 - 20121 Milano (MI)

Tel.: +39 02.62827563

Fax: +39 02.62828186

Website: www.milanocitymarathon.it

E-mail: info@milanocitymarathon.it

Info Line and registrations:

Timing Data Service srl

Via Delle Macchine 14

30038 Spinea (Venezia)

Tel.: +39 041 990320

Fax.: +39 041 5086459

Website: www.tds-live.com

Info: mcm@tds-live.com