

# INTERNATIONAL MARATHON

DATE: 9th November 2014

Start & Finish LOCATION: Via di Roma – Ravenna; Museo del Mar area

Start time: 9.30am

Course Time Limit: 6 hours

Services in Start & Finish area: race kit – dorsal and chip collection, luggage, refreshment

Entry				fee							includes:			
–			Race				number				(bib)			
–		Insurance		and			medical				assistance			
–				Goody							bag			
–	Refreshments		and	sponging		along		the			course			
–	Official		programm	and		information					materials			
–	Pace	Maker	service:	3h00	–	3h15	–	3h30	–	3h45	–	4h00	–	4h30.
–			Timing					data						service
–			Finisher's					mosaic						medal
–														Luggage
–				Changing										rooms
–	Massages service for all athletes													

## RACE

## KIT

You can pick up your race kit (dorsal and chip) at Expo Marathon Village located in Via di Roma during Saturday, 8th November 2014 from 10.00am to 7.30pm and Sunday, 9th November 2014 from 7.30am to 9.00am.

[Download here the Programm about the weekend](#)

# RULES

## ORGANIZING COMMITTEE

**RAVENNA RUNNERS CLUB A. S. D.** – Codice FIDAL – RA510  
Via Sila n. 9 – 48125 RAVENNA (RA)  
Tel. +39345.4420145 – fax +390544.271329  
[www.maratonadiravenna.com](http://www.maratonadiravenna.com) – [info@maratonadiravenna.com](mailto:info@maratonadiravenna.com)

The race, insert in the International calendar (Association of International Marathons and Distance Races) FIDAL (Federazione Italiana di Atletica Leggera), will take place on **November, Sunday, November 9th 2014 at 9,15am**. It will start and finish at Via di Roma – Loggetta Lombardesca Area – MAR.

**The course, certified by the official IAAF referee Mr Massimo Grandi (grade A) approved by F.I.D.A.L., is forbidden to traffic.**

## PARTICIPATION REQUIREMENTS

Race is allowed to:

1. Italian Athletes with a 2014 valid FIDAL membership, that at the date of 11/09/2014 will have at least 20 years old.
2. Italian Athletes members of “Local Sports Promotions Authority” that at the date of 11/09/2014 will have at least 23 years old.

3. Foreign Athletes members of a Track and Field Federation linked to IAAF for 2014.
4. Athletes with a daily FIDAL membership ticket, that at the date of 11/09/2014 will have at least 23 years old and a valid Medical Certificate for Track and Field Discipline.

**WARNING:** Italian Athletes, residents in a foreign Country, have to exhibit a valid Medical Certificate for Track and Field Discipline given by an Italian Sports Medicine Centre, or be member of a Association linked to IAAF for 2014.

## **REGISTRATION FOR ITALIAN RESIDENTS ATHLETES**

Athletes can't run with only a valid medical Pro certificate for Track and Field. In reference to 1,2,4 points, athletes can participate to International Marathon of Ravenna in the following way:

a) **Athletes members of a FIDAL Association**, in the different categories.

If the registrations will have taken before the 2014 FIDAL membership renewal, athletes have to send as soon as they can copy of the renewal or an official declaration of membership. The declaration have to be written on a letterhead of the Association, and signed by the President.

**Athletes FIDAL members, have to insert in the entry form the membership card number.**

b) **Athletes members of Local Sports Promotions Authority**, in addition to put in the entry form the membership card number, have to exhibit copy of the valid Pro Medical Certificate for Track and Field Discipline and copy of the membership card.

c) Italian Residents Athletes not member of any allowed association, with a valid Pro Medical Certificate for Track and Field Discipline, can run choosing one of these 2 options:

**1. Become member of Ravenna Runners Club ASD** (annual Fidal or Uisp membership) getting through our association (see contacts on top)

**2. Daily Fidal Membership**, valid only for International Ravenna Marathon City of Art 2014. Ticket fee 7,00€. In that case, athlete have to: download "**authorization daily card for fields races**"; fill the form and send it in addition and together to copy of the valid Pro Medical Certificate for Track and Field Discipline and copy of the 7,00 € payment (check method of payments). Insert in the object of payment "Name / registration and daily Fidal Membership Card Payment".

## **REGISTRATION FOR NON ITALIAN RESIDENTS ATHLETES**

Athletes can't participate to Marathon without a valid membership card and a medical certificate, filled, signed and stamped by a doctor. Self certification are not allowed.

a) **Athletes cardholder to a Foreign Track and Field Association**, linked to IAAF, will have to send together with the registration to [info@maratonadiravenna.com](mailto:info@maratonadiravenna.com) copy of the membership card, valid at the marathon daydate, and according to athletics rules valid in their Country of origin.

b) According to Italian law in theme of sport and security, **Athletes not cardholder** have to send together with the registration to [info@maratonadiravenna.com](mailto:info@maratonadiravenna.com) the medical form available on the website ([www.maratonadiravenna.com](http://www.maratonadiravenna.com)) full completed, signed and stamped by a doctor, following their Country of origin laws.

**click here to download the [HEALTH FORM](#)**

## **TIME KEEPING**

Time measurement and processing of rankings, will be taken thanks to an electronic system consisting of a chip property of T.D.S. Timing Data Service Srl. The chip will be given to athletes together with the race bib. For each athlete it will provide: the official time (from the start gun to the finish line), net time (from the start line to the finish line), intermediate points (of the half-marathon) and any spot checks.

**The athletes without the chip provided by the organization will not be timed and will not appear in officials rankings.**

## **LUGGAGE**

## **STORAGE**

## **SERVICE**

Each Athlete will receive a sticky with the same bib number, that have to be fixed to personal luggage. Around start and finish areas, there will be some trucks that collects and gives back luggages. Luggages will be given back only showing the bib.

We will collect luggages in the start area, only from 7.30am to 09.00am.

## **TIME**

## **LIMIT**

## **COURSE**

The route will be forbidden to traffic for a maximum of 6 hours. Athletes who can't finish the race within 6 hours will be disqualified.

## **REFRESHMENT**

## **AND**

## **REST**

## **STOP**

In accordance with the IAAF/FIDAL Procedure, there will be rest stop at the start area, at the finish area and every 5 km: at every rest stop athletes will find water, tea, nutritional supplements, and food (biscuits, fruit, etc...). There will also be others of water spoon stops (at 7.5km, 12.5km, 17.5km, 22.5km, 27.5km, 32.5km, 37.5km).

In order to avoid environmental impact, **ONLY** use the sponges that you are given (when collecting the bib). More sponges will be available at the start area, but not during the race.

Please dispose of sponges, bottles and plastic cups in the rubbish bins.

## **PACE MAKER SERVICE**

This service will help athletes in achieve their time target.

There will be available pacemaker for the following time target: 2h50 – 3h00 – 3h15 – 3h30 – 3h45 – 4h00 – 4h15 – 4h30 – 6h00.

## **MEDICAL**

## **ASSISTANCE**

–

## **MASSAGES**

Medical assistance will be provided along the route as well as at the start and finish areas. Provided by organization a massage service made by professionals physiotherapists

## **ATHLETES NOT FINISH THE RACE**

Athletes who drop out of the race can rendezvous at the refreshment and rest stops, from where they will be taken to the finish area, in Piazza Garibaldi, and where they will find their bags

## **RETURN CHIPS**

The chip must be returned at the finish line area, when collecting the goodie bags. Athletes who drop out of the race or, for any reason, do not return it, are required to send it by post mail **no later than 30 November, 2014**, to: Ravenna Runners Club ASD, Via Sila, 9 loc. Savio –

Athletes are recommended to use chip as indicated in the instructions in the pack.

## **RANKING AND CERTIFICATE OF PARTICIPATION**

Rankings will be available in the official Ravenna Marathon website [www.maratonadiravenna.com](http://www.maratonadiravenna.com) and on [www.tds-live.com](http://www.tds-live.com) where athletes can also download their personal certificate of participation.

## **PHOTOGRAPHER**

Photographs will be taken by STUDIO PHOTO' – Piazza D'Annunzio n. 3 – RAVENNA. TEL. 0544.31145 – [www.fotoravenna.it](http://www.fotoravenna.it)

## **FURTHER INFORMATION**

For further information on the International Marathon of Ravenna (how to register, accommodation, how to reach us etc...) please contact:

<b>RAVENNA</b>	<b>RUNNERS</b>	<b>CLUB</b>	<b>A.S.D.</b>
<b>Via</b>	<b>Sila,</b>	<b>9</b>	<b>Savio</b>
<b>48125</b>	<b>RAVENNA</b>	<b>loc.</b>	<b>RA</b>
<a href="http://www.maratonadiravenna.com">www.maratonadiravenna.com</a>	<b>–</b>	<a href="mailto:info@maratonadiravenna.com">info@maratonadiravenna.com</a>	
<b>tel. 0544.560465 – 345.4420145</b>			

## **DECLARATION OF RESPONSIBILITY**

While signing the registration, the athlete declares to know and accept the event rules and regulations to be found on the website [www.maratonadiravenna.com](http://www.maratonadiravenna.com) and have turned 20 years old no later than 10 November, 2013. The athlete also declares to tell the truth and to release the event organizers from any responsibility, due to damage of people or objects, imputable to the athlete himself. In accordance with Leg. Decree 196 of 30 June, 2003, the information of the athletes will only be used for the purposes of rankings and chronological records of the races, and in order to implement regulations regarding the sending of informative and advertising material of the International Marathon of Ravenna.

## **NOTICE PURSUANT TO Article 13 Leg. Decree 196/2003 – PRIVACY POLICY**

Personal data needed in order to register for the International Marathon of Ravenna, will be treated by the data controllers of Ravenna Runners Club A.S.D., in accordance with the privacy code, to coordinate the event and send advertising material. Personal data may be transmitted to a third party, for the fulfillment of the event's duties. At any moment you may exercise your rights, pursuant to Article 7 of Leg. Decree 196/03 (cancel, rectify, etc...) with the data controller: Ravenna Runners Club A.s.d. Via Sila,9 loc.Savio 48125 Ravenna. Signing of the registration will be sufficient for the approval of personal data processing.

### **IMAGE**

Athletes who registers for the International Marathon of Ravenna authorize the event organizers and the Media Partners to use pictures and videos of the athletes during the race on advertising materials, anywhere and at any time, for the maximum time permitted by the law also including a possible extension of the period.

### **RIGHTS**

### **PRACTICAL ADVICE**

- Wear comfortable shoes which have already been 'worn in'. New shoes are not advisable, since they still have to naturalize with your feet;
- Protect your body in areas which may be prone to chaffing (armpits, groin, nipples, etc...);
- For athletes staying in hotels: remember to tell the staff your needs on the race day (early breakfast, custody of personal objects, etc...).

### **FINAL**

Ravenna Runners Club A.S.D. may amend these regulations at any time in order to ensure a better organization. Any change, concerning time and places, will be promptly communicated to the athletes, or can be found on the website [www.maratonadiravenna.com](http://www.maratonadiravenna.com).

### **RECOMMENDATIONS**

The documents with all information needed for participation in the race, will be provided by the event organizers together with the race bib.